

KS1 PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS 2 Indoor	<p>Improve agility EYFS Activities from Power of PE</p> <p>Improve balance EYFS activities from Power of PE</p>	<p>Multi skills Power of PE Autumn -topic based approach</p>	<p>Multi skills Power of PE Winter and Christmas -topic based approach</p>	<p>Throwing and Catching Improve throwing EYFS activities from Power of PE</p> <p>Improve catching EYFS activities from Power of PE</p>	<p>Multi skills Power of PE EYFS SoW-topic based approach The Circus</p>	<p>Multi skills Power of PE At the beach EYFS SoW-topic based approach</p>
Out	<p>Outdoor play daily Movement and agility Activities to develop fine and gross motor skills</p>	<p>Outdoor play daily Movement and agility</p> <p>Activities to develop fine and gross motor skills</p>	<p>Outdoor play daily Movement and agility</p> <p>Activities to develop fine and gross motor skills</p>	<p>Outdoor play daily Movement and agility Activities to develop fine and gross motor skills</p>	<p>Outdoor play daily Movement and agility</p> <p>Activities to develop fine and gross motor skills</p>	<p>Outdoor play daily Movement and agility</p> <p>Activities to develop fine and gross motor skills</p>
Year 1 Indoor	<p>Gymnastics skills Power of PE 'Gymnastics year 1' Use of 'Improve</p>	<p>Dance Power of PE Dance year 1. (SR to teach)</p>	<p>Indoor Athletics Power of PE Athletics year 1 Running Jumping</p>	<p>Multi skills Power of PE (SR to teach) HRE-Health related exercise</p>	<p>Dance Power of PE Dance year 1. Explore and combine actions.</p>	<p>Gymnastics Power of PE (SR to teach)</p>

	balance' and 'Point balance' resources to support ideas (SR)		Throwing (SR to teach)		Choreography Performance (SR to teach)	
In or Out	Multi Skills Power of PE (SC to teach one class plus Y1 teacher) Focus on: Agility and balance.	Games Power of PE (SC to teach one class plus Y1 teacher) Focus on: Throwing and catching	Games Basketball BM/CM to teach plus class teacher) Start 6 th Jan	Games Power of PE Football skills (SC to teach one class plus Y1 teacher)	Games Power of PE Striking and Fielding (SC to teach one class plus Y1 teacher)	OAA Power of PE Orienteering (SC to teach one class plus Y1 teacher)
Year 2 Indoor	Gymnastics Power of PE 'Gymnastics year 2' Use of 'Improve balance' and 'Point balance' resources to support ideas. (SR to teach)	Dance Power of PE Dance year 2 Explore and combine actions. Relationships Choreography Performance (SR to teach)	Indoor Athletics Power of PE Athletics year 2 Running Jumping Throwing (SR to teach)	HRE Power of PE- health related exercise year 2 (SR to teach)	Gymnastics Power of PE (SR to teach)	Games Basketball skills (SR to teach)
Out	Multi Skills /Basic skills Power of PE Focus on agility and balance. (SC to teach)	Basic skills /multi skills Power of PE Throwing and catching (SC to teach)	Multi skills Power of PE (SC to teach)	Games: Power of PE – Football skills year 2 (SC to teach)	Games Striking and Fielding Power of PE (SC to teach) Year 2	OAA Power of PE Orienteering year 2 (SC to teach)

KS2 PE	Key stage 2	Key stage 2	Key stage 2	Key stage 2	Key stage 2	Key stage 2
Year 3 Indoor	Gymnastics (Point balances) Power of PE	Dance 'Chance to dance' Northern ballet project (HP/LS plus support from project)	HRE (Health related exercise) Power of PE	Basketball Power of PE Extra ballet lessons (6 weeks) 22/2/23 to 29/3/23	Gymnastics Power of PE	Outdoor and Adventurous activity (Orienteering) Power of PE
Outdoor	Multi skills Power of PE (SR to teach)	Invasion games Football skills- kicking/passing. Power of PE (SR to teach)	Invasion games Hockey Power of PE (SR to teach)	Tag rugby Throwing/passin g/catching Power of PE (SR to teach)	Throwing and catching skills Power of PE (Netball) (SR to teach)	Athletics skills Power of PE Run Jump Throw (SR to teach)
Year 4 Indoor	Basketball Invasion games Basketball skills (Indoor Friday am) Bob Martin/Cat Mc Cafferty to teach Friday am Start 9/9/22 to 16/12/22 (13	Basketball Invasion games Basketball skills (Indoor Friday am) Bob Martin/Cat Mc Cafferty to teach Friday am Start 9/9/22 to 16/12/22 (13 weeks)	Dance Power of PE SC to teach	Gymnastics Power of PE	Indoor/outdoor athletics Running Jumping Throwing	Outdoor and Adventurous activity (Orienteering) Power of PE

	weeks)					
Outdoor	Swimming Tuesday pm Start date: 13/9/22 to 13/12/22 (13 weeks)	Swimming Tuesday pm Start date: 13/9/22 to 13/12/22 (13 weeks)	Invasion games Football skills- kicking/passing. Power of PE	Invasion games Hockey Power of PE	Invasion Games -Tag rugby Throwing/passing/cat ching Power of PE	Striking and fielding Cricket skills Power of PE
Year 5 Indoor	Gymnastics skills Power of PE (SR)	Indoor athletics Track events Field events Running, jumping and throwing. Power of PE (SR)	Multi skills Power of PE (SR)	Basketball Power of PE (SR)	Dance Power of PE Actions-Explore and combine Space Dynamics Relationships Develop a sense of rhythm and movement memory Choreography Creating a performance (SR)	Net skills Tennis skills Power of PE (SR)
Outdoor	Invasion games Hockey skills	Invasion games Football skills-	Invasion Games Tag rugby	Invasion games Netball skills	Outdoor and Adventurous activity	Striking and fielding Cricket Skills

	Power of PE	kicking/passing. Power of PE	Throwing/passing/ catching Power of PE	Power of PE	(Orienteering) Power of PE	Power of PE
Year 6 Indoor	Indoor athletics Track events Field events Running, jumping and throwing. Power of PE (SR)	Dance Power of PE Actions-Explore and combine Space Dynamics Relationships Develop a sense of rhythm and movement memory Choreography Creating a performance (SR)	Gymnastics skills Power of PE (SR)	Multi skills Power of PE (SR)	Invasion games Basketball skills (SR)	Gymnastics skills Power of PE (SR)
Outdoor	Invasion games Hockey skills Power of PE (SC to teach)	Invasion games Football skills kicking/passing. Power of PE (SC to teach)	Invasion Games Tag rugby skills Throwing/passing/ catching Power of PE (SC to teach)	Invasion games Netball Power of PE (SC to teach)	String and fielding Cricket skills Power of PE (SC to teach)	Outdoor and Adventurous activity (Orienteering) Power of PE (Residential visit) (SC to teach)

