KS1 PE	Autumn	Autumn 2	Spring	Spring	Summer 1	Summer 2
	1		1	2		
FS 2 Indoor	Improve agility EYFS Activities from Power of PE Improve balance EYFS activities from Power of PE	Multi skills Power of PE Autumn -topic based approach	Multi skills Power of PE Winter and Christmas -topic based approach	Throwing and Catching Improve throwing EYFS activities from Power of PE Improve catching EYFS activities from Power of PE	Multi skills Power of PE EYFS SoW-topic based approach The Circus	Multi skills Power of PE At the beach EYFS SoW-topic based approach
Out	Outdoor play daily Movement and agility Activities to develop fine and gross motor skills	Outdoor play daily Movement and agility Activities to develop fine and gross motor skills	Outdoor play daily Movement and agility Activities to develop fine and gross motor skills	Outdoor play daily Movement and agility Activities to develop fine and gross motor skills	Outdoor play daily Movement and agility Activities to develop fine and gross motor skills	Outdoor play daily Movement and agility Activities to develop fine and gross motor skills
Year 1 Indoor	Gymnastics skills Power of PE 'Gymnastics year 1' Use of 'Improve	Dance Power of PE Dance year 1.	Indoor Athletics Power of PE Athletics year 1 Running Jumping	Games Power of PE Football skills	Dance Power of PE Dance year 1. Explore and combine actions.	Gymnastics Power of PE

In or Out	balance' and 'Point balance' resources to support ideas Multi Skills	Games	Throwing Games	Multi skills	Choreography Performance Games	OAA
	Power of PE Focus on: Agility and balance.	Power of PE Focus on: Throwing and catching	Basketball Power of PE	Power of PE HRE-Health related exercise	Power of PE Striking and Fielding	Power of PE Orienteering
Year 2 Indoor	Gymnastics Power of PE 'Gymnastics year 2' Use of 'Improve balance' and 'Point balance' resources to support ideas.	Dance Power of PE Dance year 2 Explore and combine actions. Relationships Choreography Performance	Indoor Athletics Power of PE Athletics year 2 Running Jumping Throwing	HRE Power of PE- health related exercise year 2	Gymnastics Power of PE	Games Basketball skills
Out	Multi Skills /Basic skills Power of PE Focus on agility and balance.	Basic skills /multi skills Power of PE Throwing and catching	Multi skills Power of PE	Games: Power of PE – Football skills year 2	Games Striking and Fielding Power of PE Year 2	OAA Power of PE Orienteering year 2

KS2 PE	Key stage 2	Key stage 2	Key stage 2	Key stage 2	Key stage 2	Key stage 2
Year 3 Indoor	Gymnastics (Point balances) Power of PE	Dance 'Chance to dance' Northern ballet project?	HRE (Health related exercise) Power of PE	Basketball Power of PE	Gymnastics Power of PE (SR to teach)	Athletics skills Power of PE Run Jump Throw
Outdoor	Multi skills Power of PE Focus on throwing and catching	Invasion games Hockey Power of PE	Invasion games Football skills- kicking/passing. Power of PE	Tag rugby Throwing/passin g/catching Power of PE	Striking and fielding Power of PE Cricket skills	Outdoor and Adventurous activity (Orienteering) Power of PE
Year 4 Indoor	Basketball Invasion games Basketball skills (Indoor Friday am)	Invasion games Football skills- kicking/passing. Power of PE	Multi skills Power of PE Focus on throwing and catching	Gymnastics Power of PE	Dance Power of PE	Outdoor and Adventurous activity (Orienteering) Power of PE
Outdoor	Swimming Tuesday pm	Swimming Tuesday pm	Invasion games Hockey	Invasion Games -Tag rugby	Striking and fielding Power of PE	Athletics Running
	racsaay piii	racsaay piii	Power of PE	Throwing/passin	Cricket skills	Jumping

	Start date: 10/9/24 to 17/12/24 (14 weeks)	Start date: 10/9/24 to 17/12/24 (14 weeks)		g/catching Power of PE		Throwing
Year 5 Indoor	Gymnastics skills Power of PE	Indoor athletics Track events Field events Running, jumping and throwing. Power of PE	Net skills Tennis skills Power of PE	Multi skills Power of PE Focus on throwing, catching, agility and balance.	Dance Power of PE Actions-Explore and combine Space Dynamics Relationships Develop a sense of rhythm and movement memory Choreography Creating a performance	Outdoor and Adventurous activity (Orienteering) Power of PE
Outdoor	Invasion games Hockey skills Power of PE	Invasion games Football skills- kicking/passing. Power of PE	Invasion Games Tag rugby Throwing/passing/ catching Power of PE	Basketball Power of PE	Invasion games Netball skills Power of PE	Striking and fielding Cricket Skills Power of PE

Year 6	Indoor athletics	Gymnastics skills	Invasion games	Dance	Multi skills	Gymnastics skills
Indoor	Track events Field events Running, jumping and throwing.	Power of PE	Netball Power of PE	Power of PE Actions-Explore and combine Space Dynamics Relationships Develop a sense of rhythm and movement memory Choreography Creating a performance	Power of PE Focus on throwing, catching, agility, balance and tactics.	Power of PE
Outdoor	Invasion games Hockey skills Power of PE	Invasion games Football skills kicking/passing. Power of PE	Invasion Games Tag rugby skills Throwing/passing/ catching Power of PE	Invasion games Basketball skills	String and fielding Cricket skills Power of PE	Outdoor and Adventurous activity (Orienteering) Power of PE (Residential visit)