# PSHE overview

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| Year Group | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **EYFS 1** | **Relationships:**  Me and my family | Celebrations | **Health and wellbeing:**  Food | **Health and wellbeing:**  Growing | Adventures | Colours, colours everywhere |
| **EYFS 2** | **Relationships:**  Me and my family | Celebrations | What’s the weather? | **Health and wellbeing:**  Growing/farm | Adventures | Colours, colours everywhere |
| **Year 1** | **Relationships**:  What is the  Same and  different about  us? | **Relationships:**  Who is special to us? | **Health and wellbeing:**  What helps us stay healthy? | **Living in wilder world:**  What can we do with money? | **Health and wellbeing:**  Who helps to keep us safe? | **Living in wilder world:**  How can we look after each other and the world? |
| **Year 2** | **Relationships:**  What makes a good friend? | **Relationships:**  What is bullying? | **Living in wilder world:**  What jobs do people do? | **Health and wellbeing:**  What helps us to stay safe? | **Health and wellbeing:**  What can help us grow and stay healthy? | **Health and wellbeing:**  How do we recognise our feelings? |
| **Year 3** | **Relationships:**  How can we be a good friend? | **Health and wellbeing:**  What helps keep us safe? | **Relationships:**  What are families like? | **Living in wilder world:**  What makes a community? | **Health and wellbeing:**  Why should we eat well and look after our teeth? | **Health and wellbeing:**  Why should we keep active and sleep well? |
| **Year 4** | **Health and wellbeing:**  What strengths,  skills and interests do we have? | **Relationships:**  How do we treat each other with respect? | **Health and wellbeing:**  How can we manage our feelings? | **Health and wellbeing:**  How will we grow and change? | **Living in wilder world:**  How can our choices make a difference to others and our environment? | **Health and wellbeing:**  How can we manage risk in different places? |
| **Year 5** | **Health and wellbeing:**  What makes up our identity? | **Living in wilder world:**  What decisions can people make with money? | **Health and wellbeing:**  How can we help in an accident or emergency? | **Relationships:**  How can friends communicate safely? | **Health and wellbeing:**  How can drugs common to everyday life effect health? | **Living in wilder world:**  What jobs would we like? |
| **Year 6** | **Health and wellbeing:**  How can we keep healthy as we grow? | **Health and wellbeing:**  How can we keep healthy as we grow? | **Living in wilder world:**  How can the media influence people? | **Living in wilder world:**  How can the media influence people? | **Relationships:**  What will change as we become more independent? | **Relationships:**  What will change as we become more independent? |